



# KENYA NUTRITION SITUATION OVERVIEW, AUGUST 2021

## Key situation highlights:

- Nutrition situation has remained within the same phase compared to February 2021 analysis across counties with an expected worsening situation during the projection period
- Malnutrition levels remain unacceptably high and need to be addressed through multisector efforts
- Several areas could not be classified due to insufficient evidence. Investment in data by county governments is required

## Number requiring treatment of acute malnutrition



**Total, acutely malnourished children** **652,960**



**PLW** **96,480**

## Key drivers

- Poor infant and young child feeding practices
- Food insecurity with reduced milk availability for children's diet
- Stock-out of essential supplies for management of acute malnutrition
- Poor sanitation and hygiene
- High morbidity and recurrent multiple shocks

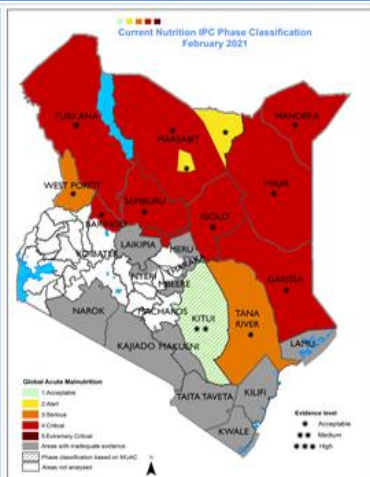


Figure 1. Nutrition Situation, February 2021

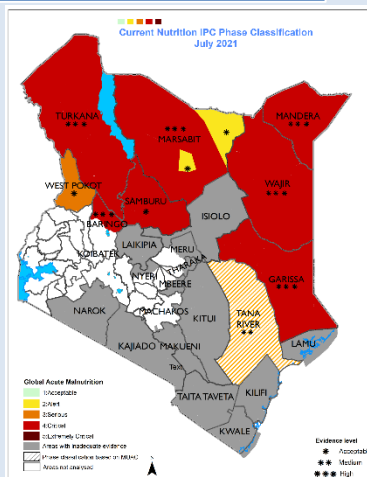


Figure 2. Current (LRA 2021) Nutrition Situation

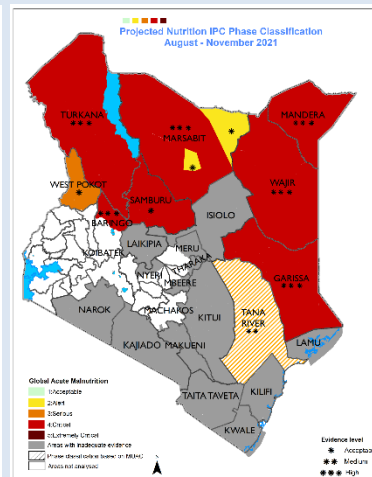


Figure 3. Projected Nutrition Situation

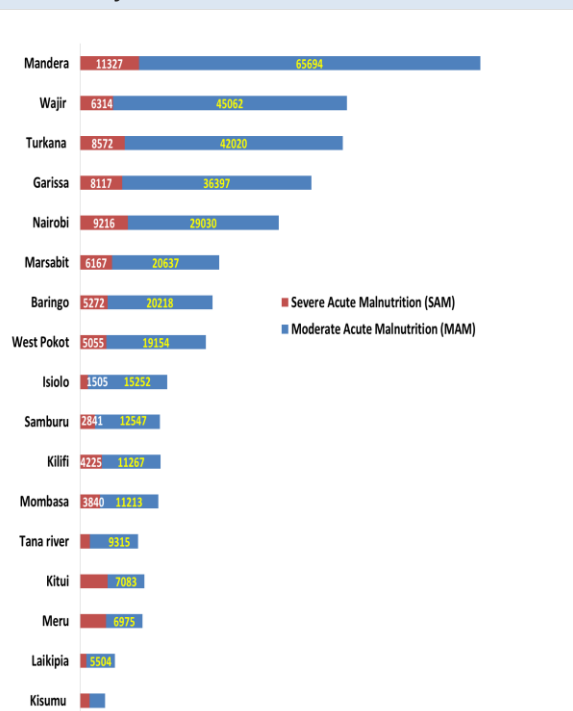
## Situation overview

According to integrated phase classification for acute malnutrition (IPC-AMN) conducted in July-August 2021, the nutrition situation has remained within the same phase across the counties compared to the February 2021 analysis. Nutrition situation was critical (IPC AMN Phase 4) in Garissa, Wajir, Mandera, Samburu, Turkana, North Horr & Laisamis sub-counties in Marsabit County and Tiaty in Baringo County. Tana River and West Pokot Counties were classified in serious phase (IPC AMN Phase 3) while Saku and Moyale sub-counties in Marsabit County were in alert phase (IPC AMN Phase 2).

The nutrition situation is however projected to worsen in Turkana, Samburu, Mandera, Garissa, Wajir, Isiolo and North Horr and Laisamis given the projected worsening food security situation and will further worsen if the 2021 short rains perform poorly.

The malnutrition levels though within the same phase are still unacceptably high mainly attributed to poor child feeding practices and reduced milk availability for children's diet. Other contributing factors include stock-out of essential supplies for management of acute malnutrition and high morbidities. Multiple and recurrent shocks coupled with pre-existing factors such as poverty and limited livelihood sources aggravate the problem.

## Estimated Caseloads of Children 6-59 Months Requiring Treatment for Acute Malnutrition



Area	Total children (GAM) 6 to 59 m	SAM Children 6 to 59 m	MAM Children 6 to 59 m
ASAL	465,226	96,242	368,985
Urban	58,138	14,899	43,238
Non-ASAL	129,596	31,668	97,928
<b>Total caseload</b>	<b>652,960</b>	<b>142,809</b>	<b>510,151</b>

## Key response actions

- Continue to advocate for national and county government budgetary allocation to procure commodities for management of acute malnutrition
- Advocate for national and county government investment on evidence generation and nutrition surveillance activities
- Closely monitor health and nutrition situation in the face of rising Covid-19 cases to inform system capacity adjustment and expansion for sustained service delivery
- Continue to strengthen multi-sectoral linkages and coordination at the National and county level to address the underlying and basic causes of the persistently high levels of acute malnutrition

## Factors to monitor

- Effects of COVID-19 on continuity of essential services and livelihoods as cases continue to rise and mitigate its effect on food and nutrition situation
- Nutrition situation across the country given the high levels of malnutrition across the counties and worsening projection

GAM – Global Acute Malnutrition. MAM – Moderate Acute Malnutrition. SAM – Severe Acute Malnutrition. PLW – Pregnant and Lactating Women



## Estimated Caseloads of Children 6-59 months and Pregnant & Lactating Women Requiring Treatment for Acute Malnutrition

Area	Global Acute malnutrition		Severe Acute Malnutrition		Moderate Acute Malnutrition		Pregnant and Lactating Women (PLW)	
	Total Caseloads	Target	Total Caseloads	Target	Total Caseloads	Target	Total Caseloads	Target
Baringo	25,490	14,063	5,272	3,954	20,218	10,109	2,040	2040
Embu	2,017	1,042	134	101	1,882	941	228	228
Garissa	44,514	24,286	8,117	6,088	36,397	18,198	7,848	7,848
Isiolo	16,757	8,755	1,505	1,129	15,252	7,626	2,400	2,400
Kajiado	14,648	8,056	2,930	2,197	11,719	5,859	4,896	4,896
Kilifi	15,492	8,802	4,225	3,169	11,267	5,633	360	360
Kitui	12,395	7,525	5,312	3,984	7,083	3,541	276	276
Kwale	11,257	6,618	3,955	2,966	7,302	3,651	156	156
Laikipia	6,727	3,669	1,223	917	5,504	2,752	324	324
Lamu	2,185	1,301	833	624	1,353	676	276	276
Machakos	19,491	11,258	6,049	4,537	13,442	6,721	372	372
Makueni	7,701	4,417	2,265	1,699	5,436	2,718	240	240
Mandera	77,021	41,342	11,327	8,495	65,694	32,847	12,696	12,696
Marsabit	26,804	14,944	6,167	4,625	20,637	10,318	7,644	7,644
Meru	11,997	7,254	5,022	3,766	6,975	3,487	72	72
Narok	10,534	6,474	4,828	3,621	5,706	2,853	516	516
Nyeri	1,234	641	95	71	1,139	570	72	72
Samburu	15,387	8,404	2,841	2,131	12,547	6,273	4,836	4,836
Taita Taveta	5,089	3,067	2,090	1,568	2,999	1,499	132	132
Tana River	11,178	6,055	1,863	1,397	9,315	4,658	2,196	2,196
Tharaka Nithi	1,130	627	247	185	883	442	108	108
Turkana	50,592	27,467	8,572	6,429	42,020	21,010	27,300	27,300
Wajir	51,377	27,267	6,314	4,736	45,062	22,531	14,940	14,940
West Pokot	24,209	13,368	5,055	3,791	19,154	9,577	3,420	3,420
<b>Total ASAL</b>	<b>465,226</b>	<b>256,674</b>	<b>96,242</b>	<b>72,181</b>	<b>368,985</b>	<b>184,492</b>	<b>93,348</b>	<b>93,348</b>
Kisumu	4,838	2,880	1,843	1,382	2,995	1,498	336	336
Mombasa	15,053	8,486	3,840	2,880	11,213	5,606	828	828
Nairobi	38,246	21,427	9,216	6,912	29,030	14,515	1,968	1,968
<b>Total Urban</b>	<b>58,138</b>	<b>32,794</b>	<b>14,899</b>	<b>11,174</b>	<b>43,238</b>	<b>21,619</b>	<b>3,132</b>	<b>3,132</b>
<b>Non-ASAL</b>	<b>129,596</b>	<b>72,714</b>	<b>31,668</b>	<b>23,750</b>	<b>97,928</b>	<b>48,962</b>		
<b>Grand Total</b>	<b>652,960</b>	<b>362,182</b>	<b>142,809</b>	<b>107,105</b>	<b>510,151</b>	<b>255,073</b>	<b>96,480</b>	<b>96,480</b>

ASAL: Arid and Semi Arid Areas